

Mandatory & Suggested Football Items

Mandatory

- Proper mouth guard



- Football cleats



- Jock strap with cup



- Sleeveless under shirt



Suggested

Practice water bottle



Extra game socks



Integrated 5 piece girdle



Football gloves



Suggested

Duffle Bag



Sports tape



Rib protection



Practice jersey



Note: Team colors are sports grey, white, & navy blue. Any items that can be seen outside of the player's uniform should be team colors, brand name do not matter.